WORKPLACE WELLNESS SCORECARD

A healthy workforce is demonstrably more productive, engaged and cost efficient. Unhealthy employees cost employers billions of pounds each year from things like lost productivity and visits to A&E. However, simple wellness initiatives can help lower expenses and establish a more secure bottom line. Are you taking the appropriate steps to save money at your organisation?

INSTRUCTIONS: Begin by answering the questions below. Each response will be given a numerical value depending on the answer. After completing the questions, total your score using the scale at the bottom of the page.

- YES: O points

- NO: 2 points

- UNSURE: 2 points

QUESTION	YES	NO	UNSURE	SCORE
1. Are education wellness posters featured visibly around the workplace?				
2. Do employees have ready-access to health care education materials?				
3. Does your organisation utilise wellness programmes or initiatives, focused on employee health?				
4. Does your organisation offer any disease management programmes?				
5. Does your organisation offer any nutritional education programmes?				
6. Is your organisation doing enough to lower employee stress?				
7. Is your organisation actively promoting smoking cessation practices?				
8. Has your organisation researched wellness programmes used by others in the same sector?				
9. Has your organisation ever conducted a health fair?				
10. Do you communicate regularly with employees about ways to stay healthy?				
TOTAL SCORE:				

Low Risk. Contact Robison & Co Ltd to confirm: 0-6

Moderate Risk. Contact Robison & Co Ltd today: 7-13

High Risk. Contact Robison & Co Ltd today: 14-20

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